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Ave Maria Home
Baptist Trinity Hospice
Canale Funeral Directors
Crossroads Hospice
Methodist Hospice
Pugh's Flowers

Conference Committee:

Marian Bacon, Community Advocate
Joe Blythe, MD, Methodist Palliative Medicine Group
Judy Blythe, BSEd, Blythe Medical
Teresa Cutts, Ph.D., Methodist LeBonheur Healthcare, Center of Excellence in Faith and Health
Juli Dennis, BA, MSSW, CAM Practitioner, Lay Chaplain, First Unity Church
Donna Downen, MS, CFCS, University of Tennessee Extension
Eleanor Farber, BA, MSSW, Baptist Trinity Home Care and Hospice
Emily Fox-Hill, PhD, RN, University of Tennessee Health Science Center College of Nursing
Renee' Frazier, MHSA, FACHE, Healthy Memphis Common Table
Deborah Gibson, BA, MA, University of Tennessee Health Science Center College of Nursing
Norman Mitchell, BA, MDiv, Crossroads Hospice
Jane Owen, APN-BC, ACHPN, MSN, Methodist University Hospital Palliative Care Service
Marlene Siegel, BSW, MSW, Ave Maria Home & Jewish Family Services
Patty Williams, BS, MS, Ladies of St. Jude

Program:

Candia Ludy, BSEd, MFA, Pema Karpo Meditation Center

Mid-South Comfort Care Coalition

in partnership with **sanofi aventis**



LIVING, LOVING, and DYING WELL

December 4, 2010 University of Memphis

Conference Schedule

8:30AM - 9:00AM	Registration and Light Breakfast
9:00 AM - 9:05AM	Teresa Cutts, PhD: Welcome and Housekeeping
9:05 AM - 9:50 AM	Jane Owen, MSN, RN: Plenary Lecture <i>The Naturalness of Dying: Looking Back to the Future</i>
10:00 AM - 10:50 AM	First Breakout Session
11:00 AM - 11:50 AM	Second Breakout Session
12:00 -1:30 PM	Lunch and Dialogue: Jane Owen, MSN, RN and Diane Polly, JD <i>Food for the Soul: Eat, Drink and Be Comforted</i>
1:30 PM - 1:50 PM	Norman Mitchell, Jr., MDiv: Plenary Lecture <i>Vigiling: Being Present with Those Who Are Dying</i>
1:50 PM - 1:55 PM	Jane Owen, MSN, RN: Wrap Up
1:55 PM - 2:00 PM	Teresa Cutts, PhD: Closing



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SPEAKERS & PRESENTERS



Jane Owen, APN-BC, ACHPN, MSN, has over 30 years experience in critical care, oncology, occupational health and family practice as a Nurse Practitioner. A certified Palliative Nurse Practitioner at Methodist University Hospital, Ms. Owen also helped develop the Palliative Care program at Baptist Memorial Hospital. She is a founding and current board member on the Mid-South Comfort Care Coalition and the Mid-South Biomedical Ethics Center. She is active at the state level as the West Tennessee regional representative on the Tennessee End of Life Partnership (TELP). Jane helped to write the Tennessee Health Care Decision's Act of 2004. **Morning Plenary Lecture and Lunch Discussion**

Norman Mitchell, BA, MDiv, is a Bereavement Counselor with Crossroads Hospice. He received a BA from the University of Maryland and an MDiv from Southeastern Baptist Theological Seminary, with post graduate studies in Pastoral Counseling at Loyola University, Baltimore. He is a certified grief recovery specialist with a background in crisis intervention and critical stress de-briefing. He has counseled in private practice and worked in co-occurring treatment hospitals and psychiatric emergency rooms.



Afternoon Plenary Lecture and Session: Grief and Bereavement



Dianne Polly, BS, MS, JD is a registered and licensed dietitian and a licensed attorney in Tennessee and Nebraska. She is a past President of the Tennessee Dietetic Association and currently serves as a Delegate to the American Dietetic Association. Dianne has had extensive experience in all phases of nutrition education. She is an entertaining speaker who is able to make legal and nutritional concepts both interesting and understandable. She has recently taken up knitting and soccer refereeing. She is a runner, having competed in several ½ marathons, has two daughters, and a great husband. **Lunch Discussion**

Teresa Cutts, PhD, served from 2001-2005 as Director of Program Development at the Church Health Center, a comprehensive, faith-based health program for the under-served. She now holds a joint clinical appointment as an Assistant Professor (non-tenure track) in both Preventive Medicine and Psychiatry at the UT College of Medicine and serves as Associate Director of Faith-Based Initiatives. Dr. Cutts serves on several local community boards (ArkWings, Assisi Health Advisory) and is president of the Mid-South Comfort Care Coalition. She works closely with many initiatives, including serving as Co-Chair of the Disease Management and Faith Community Leaders working group of Healthy Memphis Common Table. She is currently the Program Director of Research and Innovative Practice for the Methodist LeBonheur Healthcare Center of Excellence in Faith and Health. **Welcome and Closing**



PRESENTERS



Angela Snyder, RN, MSN, PNP-C Angela Snyder, RN, MSN, PNP-C is a board certified pediatric nurse practitioner for The Quality of Life Service at St. Jude Children's Research Hospital. She specializes in hospice and palliative medicine. She has been in pediatric oncology for over 15 years and has always had a desire to end suffering in patients and families who suffer from catastrophic diseases. She received a Masters in Nursing, specializing in pediatric oncology, from the University of Pennsylvania. She is a member of the Hospice and Palliative Care Nurses Association and the American Association of Hospice and Palliative Medicine. She presents to various audiences on pediatric palliative care and has recently presented on Quality Care of the Dying Child at the Children's Hospice International Conference in Washington DC.

Session: Communication with Children About Death

Janet Watson, BSW, BBA, MSW is a Licensed Clinical Social Worker and is licensed in both Mississippi and Tennessee. She holds Bachelor's degrees in Social Work and Business Administration from Mississippi University for Women and earned her Master of Social Work from the University of Southern Mississippi. She has worked with the American Cancer Society for 7 years, in the role of state Health Initiatives Director. She has 27 years of experience in non-profit and for-profit organizations providing social, mental health, and clinical services to lay and professional consumers. She has 25 years of experience providing training on various topics including: self-esteem, stress management, aging, caregiving, assertive communication, suicide prevention, drug education and prevention, AIDS prevention, and crisis intervention. Ms. Watson has also had a part time private practice specializing in adult survivors of sexual abuse, codependency, and individuals whose goal was to deepen their spiritual growth and healing. She worked in aging for 12 years providing mental health services to nursing home residents, training to nursing home staff, and mental health evaluations in nursing homes for TennCare. Ms. Watson has studied and practiced Reiki. **Session: Touch at the End of Life**



Patty Williams, BSEd, MS, received her BSEd from the University of Houston and her MS in Developmental Reading from Memphis State University. She taught elementary school for 12 years and has done private tutoring for 9 years. Patty is a volunteer with the Ladies of St. Jude. She was a caregiver for her parents for 5 years on their end-of-life Journey. During that time, she saw a great need for access to information and resources.

Session: To Patients and Families: You Are Empowered to Know & Make Choices!

PRESENTERS



J. Carolyn Graff, PhD, RN, FAAIDD, received her undergraduate degree in nursing from the Medical College of Georgia and her MN and PhD from the University of Kansas. She has been a faculty member at the University of Tennessee Health Science Center since 2001. Currently she is an Associate Professor in the College of Nursing and Chief of Nursing in the Boling Center for Developmental Disabilities, a University Center of Excellence in Developmental Disabilities (UCEDD) Education, Research, and Service. She was Clinical Services Coordinator and Coordinator of Nursing at the University of Kansas UCEDD in Kansas City, Kansas where her clinical and teaching responsibilities centered on the health of children with developmental disabilities and their families. Dr. Graff focuses her research on persons with or at risk for intellectual and developmental disabilities and their families. She is a member of the American Association on Intellectual and Developmental Disabilities, American Nurses Association, American Public Health Association, Developmental Disabilities Nurses Association, International Society of Nurses in Genetics, Sigma Theta Tau International, Society of Pediatric Nurses, and the Southern Nurses Research Society.

Session: End of Life Issues and Persons with Disabilities



Julie Horn, RN, BSN, CCRN, has been a Critical Care Nurse at Baptist Memorial Hospital Memphis for 28 years. She is a graduate of the School of Nursing of the University of Missouri, Columbia. She has been a member of the Hospital BioEthics Committee for over 20 years and a long time member of the Patient Rights Committee. She has actively worked as a bedside caregiver with dying patients receiving end of life care/palliative care and with their families.

Session: Palliative Care in the ICU - A Better Way

Verlie A. Horton, BA, MDiv, serves a staff chaplain at the MED. She holds a Bachelors of Arts from LeMoyné-Owen College and an Masters of Divinity from Memphis Theological Seminary, where she is presently a Candidate of Doctorate in Ministry in Health and Faith. Chaplain Horton received Level I/Level II Pastoral Education Training (CPE) at Methodist University Hospital. She is an ordained minister in the African Methodist Episcopal Church and was Associate Pastor of St. Paul's AME Church from 1992 - 1996. She has served as Pastor/Organizer of Christ Tabernacle AME Church since 1996. Chaplain Horton is a past student president of the Memphis Theological Seminary and a current board member of the Shelby County Crime Victim Center.



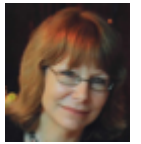
Session: Spirituality at the End of Life

PRESENTERS

Rev. Earnestine Hunt, MDiv, has served as an On-Call Chaplain at the Regional Medical Center at Memphis (The MED) for approximately seven years. In 1982, she founded WEEP Ministries, an evangelistic outreach with a mission to help turn weeping into joy (Psalms 30:5). Rev. Hunt graduated with honors from Memphis Theological Seminary with a Masters in Divinity and is currently pursuing a Ph.D. in Faith and Health. She has also served as a Hospice Chaplain with Amedisys Corporation in Memphis, TN. In addition, Rev. Hunt was employed for 31 years in professional and managerial positions in corporate America, with 13 years at FedEx. As a result of both personal and professional experiences, Rev. Hunt is well acquainted with trauma, grief, suffering, and the heart-wrenching issues one experiences with death and dying. She speaks on issues relevant to life and death such as quality of life, empowerment, the power of love, pastoral care, hope, health, and hospice.

Session: Spirituality at the End of Life

Lora Hunter Little, BA, MEd, EdD, received a Doctorate in Counseling from the University of Memphis, in 1990, a Bachelor of Arts in Psychology in 1975 and a Masters in Counseling in 1976, also from the University of Memphis. She is a Fellow of the American Psychotherapy Association and has completed post-doctoral training to receive the title of Fellow in the Bonny Method of Music-Centered Psychotherapy through the Southeastern Institute for Music-Center Psychotherapy in Atlanta, Georgia. Dr. Little has had extensive experience in the health care field both as a counselor and as a public health care administrator, including as Manager of Ambulatory Care for the Memphis & Shelby County Health Department from 1984 until 1994. From 1998 until 2008 Dr. Little served as music services consultant to Methodist Alliance Hospice in Memphis, assisting in the development of a music services program and serving as a music services volunteer involved in direct patient care.



Session: Methods for Using Music at End of Life



Candia Ludy, BSEd, MFA, has been a Buddhist for over 30 years, is presently the director of Pema Karpo Meditation Center in Memphis, and assists at the end of life for local Buddhists. From 1978-1983, she lived and worked in East and West Africa, where death came quickly and often, and in 1999 founded a non-profit that continues to work in Vietnam and Tibet.

These two rivers in her life have strengthened her wish to empower people and families to celebrate the lives of loved ones in a personal manner and to, if they so chose, be an active participants in the preparation of the body and the burial.

Session: Choices for Goodbye: Green Funerals and Burial Laws

PRESENTERS



Hallie Marker, JD, graduated from law school at the University of Memphis in 1992. She was a trial lawyer but retired from trial practice when her son was born in 2002. Since then, she has focused mostly on being a mom. More recently, she has expanded her focus to include end-of-life issues, an area to which she has always been drawn. She practices meditation in the Buddhist tradition and is a member of Pema Karpo Meditation Center in Memphis.

Session: Choices for Goodbye: Green Funerals and Burial Laws

Marlene Siegel, BSW, MSW, received her Bachelors of Social Work and from the University of Georgia and her Masters of Social Work from the University of Tennessee at Knoxville. She is licensed as a Masters Social Worker and Nursing Home Administrator and certified as a Basic Long Term Care Health Care Facilities Surveyor. She has served as Director of Social Work for Hillhaven Germantown Convalescent Center and the Memphis Jewish Home. Marlene has also worked as a Medical Social Work Consultant and Nursing Home Surveyor for the State of Tennessee Department of Health Care Facilities. She was Assistant Administrator of Ave Maria Home and Assisted Living from 2001-2009. She presently works as an Adoption Social Worker for Jewish Family Services and a Long Term Care Consultant to Ave Maria Home.



Session: You Said You Wouldn't Put Me There... Navigating the Nursing Home At The End of Life



Kristjana Smith, BA, CCLS, is a Certified Child Life Specialist working for the neuro-oncology population at St. Jude Children's Research Hospital. She has been working in pediatric oncology and blood disorders for over 7 years, with a passion for helping families cope with end-of-life situations. She received her Bachelor of Arts in Psychology and Sociology with an emphasis in child development at the University of Wisconsin-Eau Claire. Prior to coming to St. Jude, she helped create support positions within a Children's Hospice location in Portsmouth, Virginia. She has presented to various audiences on children's reactions to hospitalization and serious illness and strategies to help them cope appropriately. **Session: Communication with Children About Death**

We are a group of citizens dedicated to helping individuals live with dignity, comfort, and peace as they near the end of life and to die with grace.

PRESENTERS



Jeri Ashley, RN, MSN, AOCNS, CHPN has been a registered nurse for 34 years. She received her BSN in 1976 from Murray State University in Murray, Kentucky and her MSN from the University of Tennessee Center for the Health Sciences in 1981. She is certified as an Advanced Oncology Clinical Nurse Specialist (AOCNS) through the Oncology Nursing Society and as a Hospice and Palliative Nurse through the Hospice Palliative Nurse Association. At present, she works as the Oncology Clinical Nurse Specialist and Administrative Director for Baptist Trinity Hospice. Her career has included working as a staff nurse, staff development instructor, clinical nurse specialist, nurse manager, research coordinator, hospice nurse/educator, and director of clinical research. She speaks nationally on pain and symptom management issues as well as oncology-related topics and received the 2008 Oncology Nursing Society Clinical Lectureship Award for clinical excellence. **Session: Hospice: A Choice For Living**

Joe Blythe, MD, completed his Pulmonary/Critical Care training at UT in Memphis, and practiced that specialty for 32 years before changing his field to Palliative Medicine 2 years ago. He is board certified in internal medicine, pulmonary medicine, and palliative medicine, and is one of the Methodist Palliative Medicine group physicians.



Session: Palliative Care in the ICU - A Better Way

Session: To Patients and Families: You Are Empowered to Know and Make Choices!



Eleanor Farber, BA, MSSW, is an experienced Licensed Clinical Social Worker and psychotherapist She currently works as an Advance Care Planner for Baptist Trinity Home Care and Hospice. Eleanor received her BA from Fordham University and her MSSW from the University of Tennessee. Prior to joining Baptist Trinity, Eleanor worked as a medical social worker for Arkansas Hospice, as psychotherapist in private practice and for community mental health agencies. As Advance Care Planner she is educating our community, hospital patients and staff about Tennessee's Advance Directives Law plus the advantages of creating a Life Plan. She will provide the forms and review them with us.

Session: The New Free Tennessee Living Will and Power of Attorney for Health Care Forms

*Say not in grief that she is no more
but say in thankfulness that she was.
A death is not the extinguishing of a light,
but the putting out of the lamp
because the dawn has come. - Tagore*